

VAL DI FASSA RUNNING – NON-COMPETITIVE ATHLETES REGULATIONS 2026

Val di Fassa Running is a multi-stage mountain running competition consisting of 5 races held over 6 days (with one rest day), taking place in the second half of June.

Each year, the 5 stages take place on different routes across the six municipalities of Val di Fassa, from Moena to Canazei.

The **new feature of the 2026 edition** is the introduction of an alternative route specifically designed for **non-competitive participants (walkers)**. The start and finish areas will be the same for both the competitive runners and the non-competitive participants.

The competitive routes include daily courses ranging from 10 to 15 kilometers, with elevation gain between 300 and 700 meters. The **walkers' routes** feature **shorter distances** (2-5 km) and **gentler elevation** profiles (50-200 mt), as it is designed to offer a comfortable pace for those wishing to experience the event in a more recreational way, without missing out on the stunning landscapes and the sporting spirit that define the race.

An exception is the final big stage on June 26th which, as per tradition, ends at high altitude (Passo San Pellegrino – Col Margherita) with an elevation gain of over 650 m. On this occasion, walkers who do not wish to complete the route will be given the option to reach the finish area for free using the cable lift. Except for the final stage, all routes will start and finish in the same location.

The **2026 programme** also includes one **evening stage**. All stages (except the evening one) will take place in the morning.

To warmly welcome all participants, the **evening stage** will take place on **Sunday 21st of June 2026**, starting at **6:00 p.m. from Piaz Marconi, Canazei**, and will be followed by the traditional **Pasta Party**.

The **awards and closing ceremony** will be held on **Friday 26th of June 2026, at 9:00 pm** at the event tent in **Pozza**, featuring entertainment and local treats to celebrate the end of the 25th edition together.

Course descriptions and details will be available at www.valdifassarunning.it.

Participation

To participate in the non-competitive version of the event, participants must:

- Be at least 18 years old
- Hold a valid **Medical Certificate for Non-Competitive Sporting Activities** or a **Certificate for Recreational Motor Activities**

Participation implies full acceptance of these regulations and compliance with all instructions given by the Organization.

Athletes must also comply with road traffic regulations, particularly where the route crosses public roads. These sections will NOT be closed to traffic but will be supervised by race officials and law enforcement.

Course

Race routes will be marked with flags. Race staff will be identifiable by high-visibility vests and will be stationed at the start, finish, and along the course to assist participants if needed.

Athletes must follow the marked course without deviation, and comply with staff instructions and safety signage, including warnings for hazardous sections.

Course abandonment is done at the athlete's own risk, as safety measures are not guaranteed outside the designated course.

A GPS track will be available on the event website. Athletes are encouraged to download and carry it during the race.

Medical and refreshment points will be available.

Mandatory Equipment

Participants must wear:

- The race bib must be worn visibly at all times and must not be altered or folded. A single bib will be provided to those running all stages.
- Windproof jacket, if required by the organization depending on weather conditions.
- Trail shoes, mountain boots, or running shoes with soles in good condition

The use of poles is permitted.

Time Limits

The **maximum time** to complete each stage is **2 hours and 30 minutes**.

Participants finishing beyond the time limit will forfeit the right to race services (refreshments, sweep service, on-course assistance).

If an athlete is deemed unfit by medical staff, they will be escorted to the finish area following safety instructions.

Withdrawal

Athletes who withdraw must report their withdrawal at any checkpoint, showing their bib number.

If no medical assistance is needed, athletes must return independently along the marked route.

Voluntary withdrawal (not due to physical issues) terminates any assistance from the organization, and the return to the start/finish area is at the athlete's own responsibility.

A "sweep team" will follow the last competitors to ensure no runners remain on the course once the stage is over.

Emergencies

For emergencies, call 112 (emergency services).

For non-urgent needs, contact race staff along the route.

Refreshments & Support

Each stage will include one mid-course refreshment station and one final refreshment station at the finish line. Depending on course layout and weather conditions, the organization may add an additional liquid station.

Modifications or Race Cancellation

The Organization reserves the right to modify the course, delay the start, temporarily suspend or cancel the race (in part or entirely) in the event of safety concerns (e.g., rescue operations, falling rocks, severe weather).

These decisions are at the sole discretion of the Organizers.

Environmental Policy

All participants are required to respect the environment. Runners must not discard cups, paper, or other waste along the route. Appropriate bins will be available at refreshment points.

The organization is not responsible for loss or theft of personal belongings left unattended before, during, or after the race.

Image Rights

By registering, participants authorize the Organization to use photos and video footage of them taken during the race free of charge. This authorization is unlimited in time and geography and includes promotional and advertising use across all media. The Organization may grant these rights to institutional or commercial partners.

Technical Briefing

A technical briefing will be held each morning before each stage by the start/finish area. Race speakers will provide updates and important information on the route and weather.

Categories, Prizes & Awards

For the non-competitive event (walkers), no ranking will be drawn up. However, at the end of the entire week, a **prize draw** will be held at the closing and awards ceremony, on 26th of June 2026 at the tent in Pozza at 9:00 p.m. It will be an occasion for those who completed the full circuit, both walkers and competitive participants, to get together and celebrate the end of the race week.

Registration Fees

Registration must be completed **online only** with **credit card payment** via the official website www.valdifassarunning.it.

Participants registering by **May 29th** will receive a personalized race bib.

- Full circuit (5 stages): €90.00
- Single stage: €20.00

Group registrations: One free entry for every 10 participants (e.g. 10 registered = 9 paying / 20 registered = 18 paying). Multiple individual registrations cannot be combined as a group entry.

For groups of **10+ participants**, please contact: info@fassa.events

The registration fee includes:

- Race entry and on-course assistance
- Bib number
- Race pack
- Backpack tag
- Refreshments on course and at finish
- Pasta Party (June 21st, Canazei, 7:00 PM) *
- Awards & Entertainment Evening (26 June 2026, Pozza, 9:00 PM)
- Post-race massage service (subject to availability)
- Finisher gift (for full-circuit participants only)
- Downloadable diploma (available online)

*Those who are not registered for the race will be able to purchase a meal voucher for the Pasta Party directly on site at a cost of €10.00 (dish + drink).

Logistics

- No shower service available. Start/finish areas will have public or private toilets.
- Bag drop service provided.
- Parking and public transport information will be shared with participants.

Bib Collection

Bib pickup will take place:

- **Saturday 20th of June 2026** in **Pozza di Fassa**, from **2:00 PM to 6:00 PM**
- **Sunday 21st of June 2026** in **Canazei**, from **2:00 PM to 5:00 PM**

For each stage, a race office will be set up in the start/finish area where participants can register and pick up their bib up to 30 minutes before the start.

Refund Policy

In case of withdrawal, event cancellation due to force majeure, or legal/government orders, no refund of the registration fee will be issued.

Bib transfers to other athletes or deferrals to future editions are not allowed.

In exceptional cases (force majeure), the organization may decide, at its sole discretion, to grant a partial refund.

Complaints

Any complaints must be submitted in writing to: info@fassa.events

Contacts

Address: Val di Fassa Grandi Eventi – Strèda Roma 36, 38032 Canazei (TN)

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